

CRAIGSFARM COMMUNITY WELL-BEING AND RESILIENCE PROGRAMME



Men's Art Group- Visual arts workshops for men to experiment with painting and drawing

Have you been interested in art but don't know where to begin? Does it feel a bit daunting to try something new? Have you been making art but need help developing your skills? Are you looking for other people who enjoy art too? Join us to give time and space to develop your creativity.

We provide a supportive atmosphere for men to come together, find their own artistic style, and be inspired and influenced by others. Everyone is welcome, whether you feel like an experienced artist, a complete newcomer, or somewhere in between!

Learn how to push through doubt, reduce fear of the blank pages, become disciplined in your practice and enjoy your artwork so much more. Develop your skills and confidence in a small supportive group.

The *Men's Art Group* will offer an opportunity to unearth new abilities, make connections and grow your creativity. All materials will be provided for free.

Refreshments will also be provided.

8-week course 7th April – 26th May

Friday 11am – 2pm

All our courses and services require registration before attendance.

Please contact us if you would like further information: admin@craigsfarm.org.uk